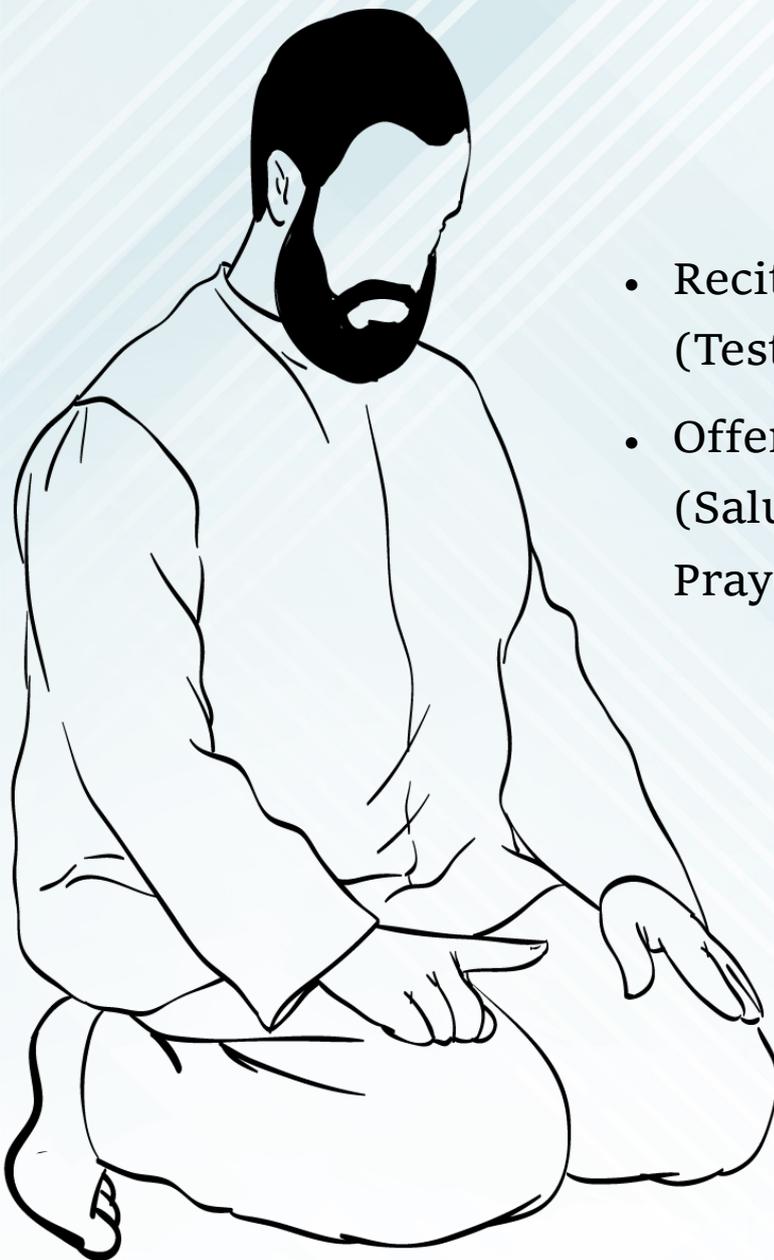


# Sitting Posture

# The Way to Perform the Second *Rak`ah*

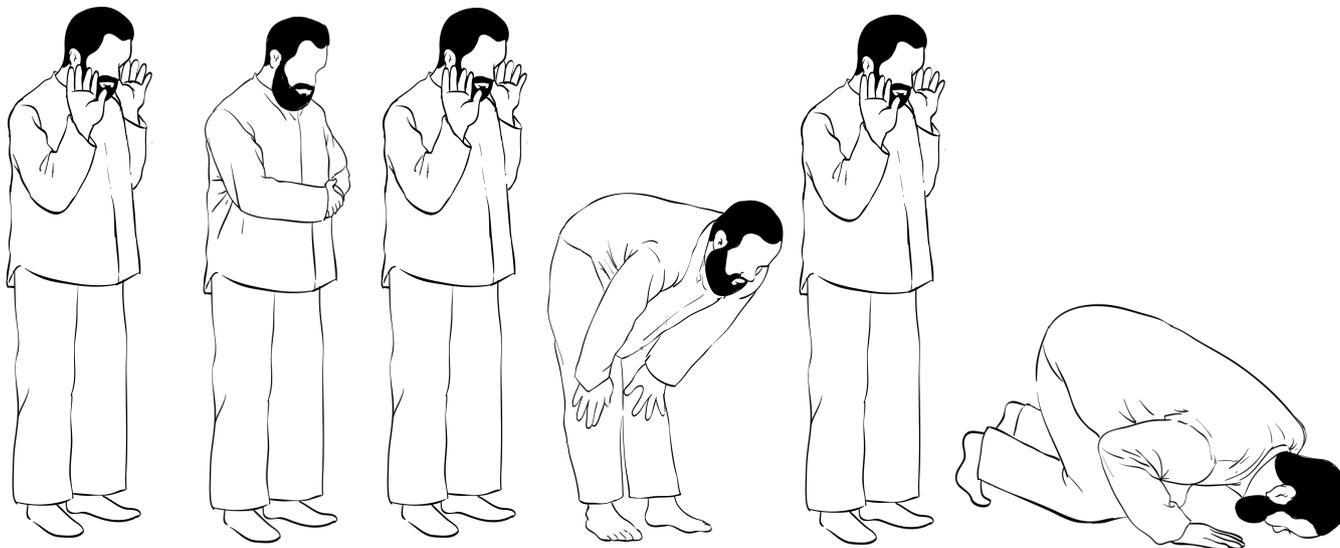
(in a two-*Rak`ah* prayer, three-*Rak`ah* prayer,  
and four-*Rak`ah* prayer)

## 4. *Sitting Posture*



- Reciting the *Tashahhud* (Testification).
- Offering the *Taslim* (Salutation Ending the Prayer).

1. Stand up for the second *Rak`ah*, with your hands raised to shoulder (or earlobe) level, while saying, “*Allahu Akbar.*”



2. Perform the second *Rak`ah* in the same manner as the first one, but without reciting the opening supplication.



3. After completing the second prostration of the second *Rak`ah*, take a sitting position and recite the *Tashahhud*.

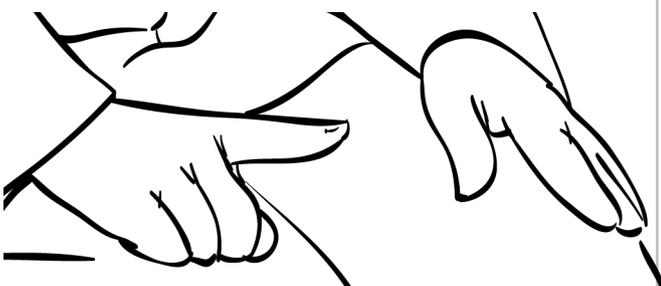
## 4. (i) How to Perform the Tashahhud in a Two-Rak`ah Prayer

A prayer that consists of two *Rak`ahs* – such as **Fajr**, **Jumu`ah (Friday)**, or **Two Eid Prayers** – has one *Tashahhud* only.



a. After raising your head from the second prostration, take a sitting posture similar to that taken between the two prostrations in the first *Rak`ah* (*Iftirash* posture\* – sitting on the left foot while keeping the right foot upright with the toes bent in the direction of the *Qiblah*).

b. Put your left hand on your left thigh with the fingers stretched out and directed toward the *Qiblah*. And put your right hand on your right thigh with all the fingers clenched into a fist, except for the index finger, which should be pointed in the direction of the *Qiblah* as a sign of monotheistic belief.



c. In this sitting posture, recite the *Tashahhud* followed by *Al-Salat-ul-Ibrahimiyyah*, and then ask Allah for whatever you want.



السلام عليكم ورحمة  
الله

“As-salamu `alaykum  
warahmatullah ”  
(May Allah’s Peace and  
Mercy be upon you)

d. Conclude the prayer by  
turning your face to the  
right and then to the left,  
each time saying:

السلام عليكم ورحمة  
الله

“As-salamu `alaykum  
warahmatullah ” (May  
Allah’s Peace and Mercy  
be upon you)

