



Performance of Salah

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Prophet Muhammad (peace and blessings be upon him) instructed his followers: “**Pray as you have seen me praying.**”

(Narrated by Al-Bukhari)

For your *Salah* to be valid and accepted by Allah, the High and Lofty, you must perform it in the way authentically performed by Prophet Muhammad (peace and blessings be upon him).

- *Salah* is a physical form of worship composed of organized sayings and movements, intended for remembrance of Almighty Allah. During its performance, it requires complete disconnection from all life’s activities and distractions in order to step out and have space and time alone with Allah, the Exalted.
- *Salah* encompasses all the essence and aims of Islam. It is an acknowledgment of Allah’s absolute Oneness and Sovereignty, an act of glorification of Him, an expression of praise and gratitude to Him, a manifestation of humility and submission to Him, a turn towards Him, a dependence on Him, a drawing near to Him, a beseeching of help and provision from Him, and an entrusting of oneself to His Protection and Care.